

# COMMUNITY INFORMATION AND REFERRAL SOURCES

## GENERAL INFORMATION AND REFERRALS

Adult Protective Services Hotline (Aging & Independent Services)	858.495.5660
Toll Free	800.510.2020
Fax Administration	858.495.5080
Child Abuse Hotline	858.560.2191
Toll Free	800.344.6000
Crisis Team Hotline (Suicide/MediCal Access Line)	619.641.6890
Toll Free	800.479.3339
San Diego County Mental Health Association	619.543.0412
San Diego Co. Medical Society Physician & Psychiatrist Referral <a href="mailto:sdcms@sdcms.org">sdcms@sdcms.org</a>	858.565.8888
Psychologist Information and Referral Service (PIRS)	800.251.2937
Recovery, Inc. (Mental Illness Support)	619.275.0364

## NAMI SAN DIEGO ALBRIGHT HELPLINE

San Diego Alliance for the Mentally Ill 619.543.1434

### San Diego County

Alcohol and Drug Services 619.584.5007

## NORTH REGION CENTRAL CLINIC

Mental Health Clinic	619.692.8750
San Diego Volunteer Lawyer Program (Appointments)	619.235.5656
Community, Health & Disaster Services	
Outlying Areas (211 San Diego; Service of InfoLine)	800.227.0997

## NAMI SAN DIEGO ALBRIGHT HELPLINE

Mental Illness Referrals (Support Groups & Info.) 800.523.5933

## SELF HELP

Al-Anon	619.296.2666
Alcoholics Anonymous	619.265.8762
San Diego Chapter of Compassionate Friends (parent support for death of a child)	619.583.1555

[More Numbers can be found at: http://www.gy.com/biz/624110/619.htm](http://www.gy.com/biz/624110/619.htm)

## HEALTH

Aids Hotline (Center for Disease Control)	800.342.2437
Alzheimer's Association	858.492.4400
website: <a href="http://www.sanalz.org">www.sanalz.org</a>	
email: <a href="mailto:info@sanalz.org">info@sanalz.org</a>	
HIV Testing Information Line (Health Services Dept.-LGBT)	619.260.6380
Public Health Services	619.296.2120
Southern Caregiver Resource Center, Kearny Mesa	858.268.4432
Toll Free	800.827.1008
email: <a href="mailto:scrc@adnc.com">scrc@adnc.com</a>	

## RAPE/DOMESTIC VIOLENCE

Center for Community Solutions, Pacific Beach	858.272.5777
North County	760.747.6282
La Mesa	619.697.7477
Domestic Violence Services	619.234.3164
Rape and Crisis Hotline	888.385.4657
Stalking Strike Force Hotline	619.515.8900
Women's Resource Center, Oceanside	760.757.3500
National Domestic Violence Service Hotline	800.799.7233

## CHILDREN/ADOLESCENTS

Child Abuse Hotline	858.560.2191
Toll Free	800.344.6000
Children's Hospital Health Care Center Referral Line	858.576.1700

Learning Disability Association of CA, Kearny Mesa	858.467.9158
Palomar Family Counseling, Escondido	760.741.2660
Poway	858.748.3610
Fallbrook	760.731.3235
Vista	760.630.3505
San Diego Regional Center, Kearny Mesa (Developmental Delay, Autism, Seizure Disorders)	858.576.2938
San Diego Youth and Community Services	619.221.8600
Social Advocates for Youth, Kearny Mesa	858.565.4148
Family Justice Center	619.533.6000

### **MULTI-CULTURAL SERVICES**

Indian Child and Family Services, Temecula	951.676.8832
Toll Free	800.969.4237
Indian Human Resource Center, Downtown	619.281.5964
San Diego American Indian Health Center, Hillcrest	619.234.2158
Union of Pan Asian Communities (UPAC)	619.232.6454

### **SOCIAL SERVICE AGENCIES**

Alpine Community Center	619.445.7330
Catholic Charities, Downtown	619.231.2828
Center for Applied Behavioral Services	858.635.4480
Episcopal Community Services, Downtown	619.228.2800
Neighborhood Healthcare, Escondido	760.737.2030
Jewish Family Services	
Encinitas	760.944.7855
Hillcrest	619.291.0473
Rancho Bernardo	858.674.6441
North County Lifeline, Vista	760.726.4900
St. Vincent De Paul Village, Corporate Office	619.687.1000
InfoLine- 211 San Diego	619.230.0997
Residential Center	619.233.8500
San Ysidro Health Center	619.428.4463
South Bay Community Services, Chula Vista	619.420.3620
Toll Free Hotline	800.640.2933
Vista Community Clinic, Vale Terrace	760.631.5000
YMCA of San Diego County, Kearny Mesa	858.292.4034

### **NATIONAL HOTLINES**

Center for Disease Control (AIDS Hotline)	800.342.2437
National Council on Alcoholism and Drug Dependence	800.622.2255
National Drug & Alcohol Treatment Referral Center	800.662.4357
Women's Health America InfoLine	800.222.4767